

Dr Justin Bowra MBBS, FACEM, CCPU

Emergency Physician, RNSH

Dr Justin Bowra splits his time as an Emergency physician between Royal North Shore Hospital and the Sydney Adventist Hospital (SAN). He runs the emergency ultrasound training program at both hospital sites and is Director of Emergency Medicine Training at the SAN Hospital.



He is a member and immediate past chair of the Certificate in Clinician-Performed Ultrasound Board (Australasian Society for Ultrasound in Medicine) and is the representative of the Australasian College for Emergency Medicine to the International Federation for Emergency Medicine liaison committee.

Dr Bowra is widely published in emergency US, including the textbook *Emergency Ultrasound Made Easy*, Bowra & McLaughlin, pub. Churchill Livingstone (2nd ed).

Dr Bowra was an undergraduate at Royal North Shore Hospital and graduated in 1994 from the University of Sydney. He worked at Royal North Shore Hospital and trained in Emergency Medicine through their program between 1996- 2002. During this time he also worked in Emergency at St Thomas' Hospital, London and Royal Darwin Hospital.

He worked in Ireland in 2003-2004 as an emergency specialist. On returning to Australia in 2004, he initially worked in Liverpool and subsequently St Vincent's Hospital as an emergency specialist, but finally returned to Royal North Shore Hospital and the SAN due to their cohesive team work and delivery of care.

Dr Bowra appreciates the need for excellent staff in his team and their long-term retention in the emergency department. He feels fortunate to work with young doctors and nurses who can access adequate services that support them at work, such as excellent on-site employer-supported childcare. He appreciates the need to ensure adequate bed flow in an emergency department. If there are inadequate bed numbers, his workplace get congested, and patients and staff get frustrated.

On a personal level, Dr Bowra has been a medical student and junior doctor at RNSH, his sister was born at the hospital, and his nephews have regularly attended the hospital with sports injuries (as teenage boys do). He met his wife, Dr Stella McGinn (Renal specialist) at Royal North Shore Hospital and his daughter was born there in 2007. He appreciates that RNSH and its land are assets that should be preserved, not sold off or 'divested' to the highest bidder.

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To coordinate an interview with Dr Justin Bower, please contact Kirsten Bruce or Ruby Archis from VIVA! Communications on 0401 717 566 or 0413 834 906.